

ISSUE #235 MAY 2020

BARBARA BEALS COOPER (1933 - 2020)



From the family: Barbara Beals Cooper, 86, passed away March 25 of natural causes after a brief stay at a nursing facility in Albuquerque. She grew up in Syracuse, N.Y., with her childhood sweetheart Joseph Morgan Cooper Jr., whom she married in 1956. Her Smith College junior year abroad in Geneva, Switzerland awakened her love of travel and other cultures, pursued with Joe as they raised their family in the Philippines and Mexico. Later the proprietor of a travel agency in Rowayton, CT, she travelled extensively.

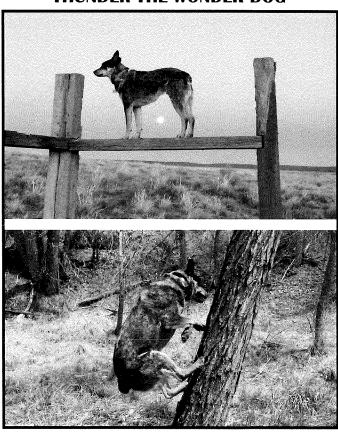
Moving to Galisteo in 1987, Barbara found her true home, restoring, with Joe, a traditional adobe house [the Lucas Anaya property on The Hill]. Intensely creative and intellectually curious, she was an accomplished self-taught artist in many media and served as a docent at the O'Keeffc Museum in Santa Fe and volunteered with the Friends of the Library in El Dorado.

Her family was central in her heart. She is survived by daughters Betsy Mackey, Molly Damron, and Amy Sherwill, son Joseph M. Cooper III, sister Judy Beals, brother-in-law Walter Cooper, eleven grandchildren and two great grandchildren. Her beloved Joe pre-deceased her in 2015 and son Christopher Cooper in 2018. A celebration of life is planned for a later date.

From the village: Barbara and Joe and were active in the community for decades, working with the Studio Tour, serving on the Board of the Galisteo Community Association, leading and supporting many local issues. And they helped found *El Puente de Galisteo* in 1996-97. Their love of the village was always evident. Their many friends and neighbors here mourned Joe five years ago, and are now mourning Barbara.

Have you filled out your CENSUS FORM? It's crucial for New Mexico's future that you do; it's very simple. And are you still waiting, as I am, for your absentee ballot form? Patience, they are purportedly in the mail. As for your stimulus check... who knows? Some villagers have received them. Your editor hasn't gotten one, but I did receive a check for a friend who died in December. (I was her PoA.) Hopefully that's not the only solution.

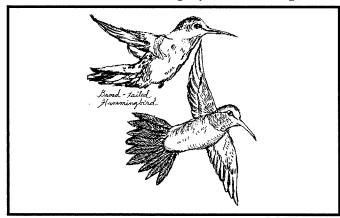
THUNDER THE WONDER DOG



Laura Yeats' dog Thunder has learned to climb trees and fences at command; he also dashes up her drive every morning to retrieve the morning paper. He still chases her horses, but maybe his talents outweigh his faults?

BASIN HUMMERS

Jan Saunders, with drawings by Catherine Ferguson



Ever walk outside on a beautiful spring day and as soon as your foot touches the earth, a rich, fruity scent wafts up to envelop you in the warm aliveness of the living, breathing earth body itself? Well, it happened to me this morning at the same moment a trilling Broad-tailed Hummingbird buzzed by my nose, opening my mind to a strong connection to all life and sending me running home to once again research Hummers. Here are some interesting facts I discovered about our four species found in the Galisteo Basin:

Broad-tailed: As a high-mountain jewel, this bird (like most Hummers) is equipped to survive freezing nights by slowing heart rate and lowering body temperature in a state of torpor. Their brilliant magenta throat feathers will make you look twice. The metallic trill produced by wing tip feathers adds pizzazz to their spectacular courtship dives, after which the male trills back to central Mexico leaving the female to raise the babies alone.

Black-chinned: The most adaptable, wide-spread, and numerous of our four Hummers, this tiny bird is at home in deserts as well as mountains. Nests built by the female to hold her coffee-bean sized eggs are made of plant fuzz and spider silk that expand to accommodate the growing babies whose tummies she keeps full by catching insects in midair. Adult birds feed on flower nectar using their forked tongue to soak up nectar at the rate of up to twenty licks a second. As the tongue is withdrawn, the nectar is squeezed into the mouth.

Rufous: Straight out of Mexico, this brilliant orange Hummer glows like Aztec gold as he flies off his perch to make life difficult for all Hummers who dare enter *his* territory. All ages and sexes are aggressive protectors of *their* nectar rights. One reason for the feisty attitude just might be their almost 8-thousand-mile migration from Mexico to Alaska and back—the longest of any bird relative to body size. Rufous also get the prize for the most northernly breeding site of any Hummer in the world. After breeding, the males fly down the chain of the Rocky Mountains, stopping here in the Galisteo Basin for a few days to tank up for their return to the tropics, making life challenging for all other Hummers.

Calliope: The smallest Hummer in North America that is also the smallest long-distance migrant in the world barely weighs as much as a ping pong ball. They migrate through here north into Colorado and as far as Canada to breed and nest. These dainty, inconspicuous, and non-aggressive birds fly under the radar of the more aggressive Rufous as they quietly slip in to sip alongside the big boys. Watch your feeders later in the

summer to catch a glimpse of the much-smaller male with the bright, rosy-red gorget refueling for his return home as far south as Central America after breeding.

While I was researching, a friend called wanting a reminder of how to prepare nectar for the little Black-chinned Hummer that just showed up at her window. In case you, too, have forgotten the sugar water recipe, here it is:

4-parts H2O to 1-part cane sugar. Heat the water to boiling, add the sugar and stir until dissolved. Do not add coloring. Fill feeder with the amount Hummers will drink in 3-5 days. Store unused sugar water in the refrigerator. Remember to monitor feeders carefully—a dirty, moldy feeder can kill Hummers. Clean feeders regularly in hot soapy water. Hint: I recommend the easy to clean Best Feeders from El Dorado Country Pet or Wild Birds.

By the second week of April, three species of Hummers present in the Galisteo Basin had come calling at my feeder—Black-chinned, Broad-tail and Rufous. If you don't like caring for feeders, planting Humming Bird blooms is always a winner. Hummers have amazing memories and will return to hover over the site of last year's feeder, waiting for you to get with the program. These precious pollinators depend upon you to make your patio a Hummer friendly place to help mitigate the effects of Climate Change and loss of habitat. According to the 2014 State of Birds Watch List, some Hummers declined 62% between 1966 and 2014.

"So much Beauty we need to look after." (Charlie Mackesy, The Boy, the Mole, the Fox and the Horse).

PEDACITOS/BITS AND PIECES

On Feb. 28, **Alice and Jerry Kruse's** six-and-a-half-year-old granddaughter, Greta Scott Hawthorne, fell 18 feet from the ski lift at Angel Fire. Although she was lucky to sustain only minor injuries, the Kruses are alarmed by the potential harm to children by lax safety measures at the ski area and will pursue improvements.

Conservation Voters New Mexico's 2019 Scorecard gave our congressman **Matthew McQueen** a "best" and a 100% voting record in the NM House of Representatives; his "lifetime" score was 96%. In the League of Women Voters' VOTE 2020 guide he advocates for diversification of NM's economy, tax reform, equalizing redistricting, and reproductive rights. His primary (and inexperienced) challenger, a granddaughter of Governor Bruce King whose election signs emphasize her ancestry rather than her actual married name, admits to having "no agenda" (New Mexican 5/11).

I think most Galisteans are proud of our governor's responses to the virus. New Mexico and Utah have been recognized on national media as particularly effective. However some of us are less impressed. Someone scrawled on the mailbox bulletin board "Michelle Lujan Grisham Sucks" and in a letter to *The New Mexican*, **Joette O'Connor** accused "this blundering governor" of destroying our state and our citizens with "her ridiculous rules." The same day **Muriel Fariello** wrote "kudos to Judge Ray Romero" for ruling to cancel a water rights shift to the gas and oil industry.

A letter from **John Watson Jones** disagreeing about the prospect of "ecofascism" and defining most environmentalists as "rational, humanistic and worldly," was published in *High Country News*, May 2020).

Corey McGillicuddy writes indignantly: "When I went to clean up my space on the bulletin board I saw that someone had scrawled across my menu "have you been tested!!!" (Cont. p.3)

I have no intention of endangering my community, neither by making soup nor by shopping for ingredients. The soup that I do have, which is not much, was made and frozen back in January. I have told people that I will not be making any more anytime soon. My phone number and email are readily available to anyone sincerely interested."

There was a **snowstorm** the day after Easter. Then the sudden heat brought the **snakes** out, hungry and thirsty. If they are around your home, they will be attracted to mouse traps and bait boxes along mouse-trail scents, as well as to sources of ground water (ground level bird baths, wet plant drips, etc.) Time to be cautious. And remember, **Bullsnakes** are the good guys.

The County will add another coating of asphalt to the entire length of County Road 42, from NM 41 to NM 14. An electronic sign near the church announces road work beginning May 12th. We should figure on at least two weeks of equipment and noise.

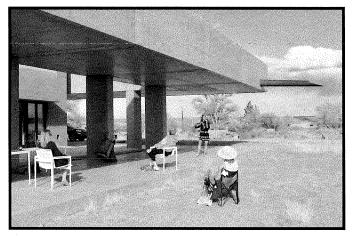
Vital Spaces (with Paseo and 516 Arts) is spearheading "Windows on the Future," a monthlong **project for storefront windows** in Santa Fe, Albuquerque and Taos. Artists and art groups are encouraged to submit proposals with a midnight deadline on May 17th. (See contact@vitalspaces.org.)

Two fuzzy white **baby owls** are nesting in the bosque, which accounts for the recent increase of birders there.

Not sure if villagers have gotten into **howling** yet, but it is catching on across the Mountain West. 8:00 PM on Saturdays is the new date. Get in touch with your inner *lobo*...

LA SALA ON HOLD

The Board of the Galisteo Art Center has had to cancel its ambitious summer program. But the good news is that, according to President Ed Epping, "La Sala is thrilled to announce a cultural partnership with Lone Piñon, whose music reflects the integrity of the region's cultural roots. Lone Piñon is instilled with the living, breathing music of the people. They will play in La Sala and we will dance and surrender our hearts."



Lucky Ones: Tanya Young, Jami Tarris, Cecile Smith and Julia Cairns enjoying a Covid-19 cocktail hour, bringing their own glasses and respecting the ten-foot social distancing guidelines, with live music provided by violinist Gabi Holzwarth, an Airbnb guest at the Youngs' 'Casa Amarilla.' (photo: John Young)

GVFR/WATER BOARD/GCA UPDATES

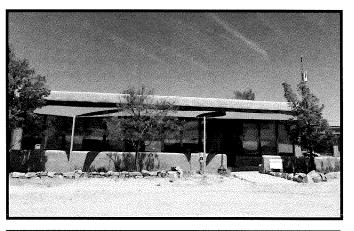
Under the able guidance of Chief Jean Anaya and Craig Fulmer, the Fire Department is fully operational. Truck maintenance is accomplished within Covid-19 regulations. Chief keeps us informed on the latest developments. Monthly business meetings are on Zoom (and we even got a glimpse of wide-eyed baby Gilda Amend, the GVFR's unofficially adopted mascot).

The GVFR sends out a whopping thank you to Deirdre Africa for making the reusable gowns for our Rescue, Squad, and Med 80. Craig reports, "When I delivered the gowns to Med 80, their jaws literally dropped. That's how Galisteo FD rolls!"

And remember, given the threat of drought, high winds and fire season, there are currently NO BURN PERMITS.

The 2019 Water Quality Report for the Galisteo Mutual Domestic Water Consumers Association came out in April. Nothing to worry about (we're not Flint), but for those interested, a link to the full detailed report will be posted on the Galisteo Community website.

The GCA Board is pleased to announce that the red shade sails are installed at the Community Center (see below). We are getting close to the end of the USDA Equipment Grant project, with only a storage shed remaining to be installed. Last month the new ceiling fans and lights were installed, and prior to that was the installation of the new hot water heater, water softener unit, RO undersink drinking water unit, and the 3 mini-split heating/cooling units plus compressor. Hopefully we'll be able to gather at some time in the months to come to celebrate!



NEED STILL MORE COVID ADVICE?

One respected local physician recommends that when you return to your home after being in contact with the public, remember to inhale steam for extra protection. Boil water in a pan, then turn off the heat. Put a towel over your head and inhale the steam for two full minutes. (Be sure not to burn your mucous membranes!) You can add a couple drops of eucalyptus essential oil to disinfect the airways.

If you think you are getting sick, start the steam inhalations right away, several times a day. Drink hot ginger tea all day, take hot baths, use your sauna if you have one, and use a heating pad on your chest. Don't forget to stay hydrated. You could also take high doses of vitamin C throughout the day. The fatty envelope of *liposomal vitamin C* allows us to take huge doses which otherwise would cause severe cramps and diarrhea.

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Social distancing Galisteo style (from Frank Lux)

CONSERVATION NEWS

548.56 acres have been added to the existing 250-acre easement at the Galisteo Basin Preserve, for a total of 798.56 acres at its heart. This amended conservation easement expands protection to a contiguous 6,150.5-acre conservation area that permanently protects wildlife habitat, migration corridors, scenic vistas, cultural resources and publicly accessible trails. It also creates more of a buffer on the west side of the Galisteo Springs conservation easement, the source of water for generations of ancient and modern peoples. And it grants public access to up to five miles of future trails connected to the Preserve's 30-mile trail network. Ted Harrison and Gretchen Grogan at the Commonweal Conservancy have, once again, made possible the protection of this wonderful area.

The Rio Grande Agricultural Trust newsletter reports that "retired school administrator Johnny Pack [husband of the late Linda McKee] joined three neighbors to place an easement on 600 acres including riparian wetlands a few miles north of the Bosque del Apache National Wildlife Refuge. Between tax breaks and funding raised by the land trusts that now hold the easement, Pack, who owns just over half of the total acreage, realized as much per acre — about \$1,300 — as he could have expected from an outright sale. "It was the best of both worlds," he said. "I could recoup money and put land into an easement that protects birds."

EL PUENTE SPONSOR: HARMONY HAMMOND

And many thanks to LESLIE GALLERY DILWORTH and MICHELLE ROBLES for donating envelopes.

GALISTEO CLASSIFIED

ADS ARE FREE, AND FOR GALISTEO RESIDENTS ONLY. PLEASE CALL 466-1276 TO UPDATE OR DELETE YOUR ADS. Next deadline: June 15.

FOR RENT

Charming vacation casita in the heart of Galisteo, available for rent by the night, week or month. Steve or Jean, 466-1544. **Vacation casita** for rent by the weekend, week, or month. 900 sq.ft., open floor plan, 1BR + bath. Call Roger Taylor, 466-3469.

FOR SALE

Amanecer Gallery offers oil paintings by Freddie Cárdenas and micaceous pottery by Anna Cárdenas, 505-466-8967. Talus Wind Heritage Meats. Local New Mexico lamb and pork. Contact info@taluswindranch.com.

Button Box Aprons by Deirdre Africa of Rancho Bueno in Galisteo, for sale at the Santa Fe Railyard Artisans Market most Sundays 10-4. Check out www.buttonboxaprons.com and call 505-670-5198 or email deirdreafrica@msn.co,.

SERVICES

Dave's Auto Repair: restoring, minor repairs, painting. Local refs. Free estimates: David Montoya, 505-501-1991.

Common sense, gentle dog-training: house manners, management problem-solving at your home, and limited boarding. 20+ yrs. experience. Call Evelyn, 466-1875.

Orchard Full-Service Catering: Personal chef, experience with special needs and dietary issues. Corey McGillicuddy,466-1831, mcgilllicuddycorey3@gmail.com.

Galisteo Woodworks: for your custom woodworking needs. Furniture and furniture repair. Antonio Chavez, 466-3601.

Welding, flagstone, moss rock, fountains, plumbing, sprinkler, drip systems, plus Gopher Control. David Maestas, cell 670-8608 or 660-9715.

Linda Vista Stables: Local horse owners: I can take care of your horses when you're away, in the comfort of their own barn. Call Maria, 466-8930

Pet, House, and Garden Care. Janet Pfeiffer, 399-9238.

Galisteo Yoga: Virtual yoga with Mare! Zoom Yoga Weds at 12:30 and Sunday at noon. \$12.00 per class pay pal or check options. Contact Mare at profundus@aol.com for the Zoom Room Link.

Yoga for Everybody: Julia Cairns and Mary Horst run yoga classes at the Eldorado Community Center, Mon-Fri. All levels welcome! See www.eldoradoyogaforeverybody.com for more information. Julia: 466-3393.

Grow Y'own hooped and covered raised beds for year-round gardening! Ken 490-1849.

Preparing your garden for next year? Repairing erosion? **Aged compost and mulch** available at Goose Downs Farm north of the village. Free if you load, \$15 if we do: Tom, 670-7031.

Intern will travel: Need help during parties, snow shoveling, yard cleaning, housekeeping or pet sitting on Saturdays or Sundays? Call John Garcia at 505-310-3812.

JVS will remove (live) rattlesnakes. Call 466-1064.

We build and repair coyote fences; haul trash; yard work & other odd jobs. Fair prices, local references, Michael J. Anaya, 660-2275.

Barbara Holloway Fine Handweaving scarves, shawls, vests, jackets, handwoven of luxurious chenille. 466-2118.

Carpentry: Custom closets, hand-carved tables, benches, gates, doors; also electrical work. Ted Montoya, 577-6004.

Passive Solar Builders: Locally owned general contractor since 1980. Quhality home construction, renovations: 466-2118.

Meditation & Knowings with Chris Griscom will resume whenfour public gatherings are allowed. Meanwhile, Chris is filming these events and taking questions by email, along with free videos on YouTube about how to support the body and boost the immune system. For more information: 466-1975 or] thelight@lightinstitute.com.

+++EL PUENTE DE GALISTEO+++

Editor: Lucy R. Lippard. logo by Cara Lee. Printer: Allegra. All donations welcome. Comments, suggestions, contributions to EL PUENTE, 14 Avenida Vieja, 466-1276 or flip14@centurylink.net. NEXT DEADLINE: June 15. TO SPONSOR: Make out check for \$80-\$150 (or more!) to GCA, noting "for newsletter," and send to El Puente (above).